

CCrAMHP

Critical and Creative Approaches to Mental Health Practice

For all who are passionate about sustaining creative and critical practice in mental health



CCrAMHP is open to people with experience of mental distress and/ or of using services, mental health practitioners, students, educators, researchers and anyone else with an interest in engaging in discussion and debate, reciprocal learning and support.

- Share critical and creative ideas and develop strategies for putting them into practice.
- Hear invited speakers on topics that can help to shape such practice.

We hold informal planning meetings (generally in a cafe or pub in and around Lancaster) and more structured events on topics of interest. Meetings are run on a participatory model and members are expected to respect and maintain the privacy and confidentiality of others.

Contact Bob Sapey or Jill Anderson – ccramhp@gmail.com

www.ccramhp.org.uk